

Katie Maynard, MSW, MLIS, LICSW
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Education

University of Washington, Master of Library and Information Science, 2008
University of Washington, Master of Social Work, 2000
Carnegie Mellon University, B.S. Social History with University Honors, 1997

Professional Credentials

LICSW, Licensed Independent Clinical Social Worker, WA
Washington State Approved Clinical Supervisor
Registered Play Therapist-Supervisor, The Association for Play Therapy

Positions Held

Psychotherapist and Clinical Supervisor, **Katie Maynard PLLC**, 2014 to present

- Provides psychotherapy to individuals with special foci on cancer survivorship, life transitions, and childless/childfree people
- Supervises and consults with clinicians at all levels of professional development
- Involvement in advocacy and training related to practice skills for working competently with childless and childfree clients.

Research Study Clinician, School of Social Work, **University of Washington**, 2014-2015

- Implementation of the clinical piece of an American Cancer Society funded research study
- Provision of communication skills training through couples therapy for stem cell transplant patients and their partners

Program Manager, Biobehavioral Sciences, **Fred Hutchinson Cancer Research Center**, 2013-2015

- Program planning and coordination for growth of Biobehavioral Sciences Program including grant development and planning for 2013 Symposium
- Coordination of BORG (Behavioral and Outcomes Research Group) affinity group meetings

Clinical Support Group Facilitator, **Cancer Lifeline**, 2013-2014

- Led support groups for cancer survivors
- Facilitated in-group presentations relevant to the psychosocial needs of the group members

Social Media Specialist, Biobehavioral Sciences, **Fred Hutchinson Cancer Research Center**, 2012- 2015

- Clinician on the INSPIRE study, provided online resources and psychosocial support to transplant survivors via phone and email
- Part of a team that developed relevant and motivating content for the study's website
- Managed the social media clinical intervention which provided information and community among study participants
- Tracked contact with study participants and usage of social media

Special Projects Manager, **Cross Cultural Health Care Program**, 2010- 2012

- Management of the agency's resource center and publications department
- Researched and developed resources and curriculum for patient navigation, health disparities, and lead poisoning & ethnomedicine
- Created a new health disparities panel series through community outreach, assessment and relationship building
- Facilitated community-based reviews of publications to ensure cultural appropriateness and medical specificity
- Hiring and supervision of interns, volunteers, and contract staff

Counselor and Medical Librarian, **The Gathering Place**, 2008- 2009

- Counseled individuals, families, and groups affected by cancer
- Managed the Reinberger Foundation Education Center
- Provided community referrals and case management to clients
- Developed patient-centered online resources with a special focus on cancer survivorship
- Led successful collaborations between diverse patrons, agencies, and medical providers
- Developed curricula and programming targeting health literacy

Youth and Family Services Coordinator, Immigrant and Refugee Program, **Youth Eastside Services**, 2003- 2006

- Program management, individual and family counseling, crisis intervention, and staff training at Crossroads Community Center
- Developed and facilitated prevention and wellness groups for all ages and diverse backgrounds
- Grant-writing and outcome-based program evaluation

Per Diem Social Worker, **Children's Hospital**, 2003-2004

- Provided emergency social work services, case management, crisis intervention, and community referrals
- Communicated effectively with patients and professionals representing a wide variety of cultures and backgrounds

Individual and Family Counselor, **Central Youth and Family Services**, 2000-2003

- Provided individual and family counseling, therapy groups, and case management services to diverse clients
- Project management, facilitation, and program budgeting
- Clinical supervision of MSW students

VISTA Volunteer, **Federal Way Family Centers**, 1997-1998

- Developed family support programming and community advisory councils
- ESL instruction and curriculum development
- Helped families navigate health and educational systems

Presentations, Publications, and Professional Activities

Presentations

“Research Strategies When Partnering With Diverse Communities” at the 2011 NW Environmental Health Conference, Portland OR

“Conversations About Culture and Play Therapy,” Washington Association for Play Therapy June 8, 2016, Seattle WA, (Continuing Education offered)

“Never Stop Learning: Easy and efficient ways to stay informed about current research in our field,” Washington Association for Play Therapy April 25, 2018, Seattle WA, (Continuing Education offered)

“Cancer and Play Therapy: Working with Children Affected by a Loved One’s Cancer,” Seattle Play Therapy, March 15, 2019, Seattle WA, (Continuing Education offered)

“Childless Affirmative Therapy: A Foundation for Clinical Competency with Childless Clients,” Katie Maynard PLLC, May 20, 2022, Virtual (Continuing Education offered)

“Telling our stories of circumstantial childlessness, ambivalence, and self-compassion.” The 2022 Childless Collective Summit, July 14, 2022

“Therapy as a Therapist; the Highs, the Lows and all the Insights In Between” Panel presentation webinar for World Childless Week, September 12, 2022

“Childless Affirmative Therapy” ongoing training for the Tutum Global Wellness Partners, 2022-present

“Clinical Applications of Childless Affirmative Therapy,” Katie Maynard PLLC, October 28, 2022, Virtual (Continuing Education offered)

“Foundational Skills for Working with Childless Clients” Invited presentation, Canadian Perinatal Mental Health Certificate Course, December 12, 2022 (Continuing Education offered)

Publications

Edited and developed Cross Cultural Health Care Program Publications: Cancer Clinical Trials Glossary, Mental Health Glossary, Burmese/Karen Glossary, Nepali Glossary.

Maynard, K. (1997) Rosie the Riveter Pittsburgh Style: The Representations and Experiences of Pittsburgh Working Women During the Second World War. *Sloping Halls Review*. Volume 4. 13-23.

Vietnamese Community Profile, Cross Cultural Health Care Program, 2008.

Yi, Jean C, Sullivan, Brie, Leisenring, Wendy M, Majhail, Navneet S, ... Maynard, Katie, Syrjala, Karen L. (2020). Who Enrolls in an Online Cancer Survivorship Program? Reach of the INSPIRE Randomized Controlled Trial for Hematopoietic Cell Transplantation Survivors. *Biology of Blood and Marrow Transplantation*, 2020-10, 26(10), 1948-1954.

Maynard, K. (2021) Reclaiming Your Whole Self Along a Childless Journey. *Tutum Journal*, Winter (4), 6-7.

Maynard, K. (2022) How Self-Connection Leads To Joy. *Tutum Journal*, Winter (7).

Maynard, K. (2022) Gap Year Journal: Weekly Prompts for Reflection.

Maynard, K. (2023) Professional Burnout: A Self-Care Plan for Mental Health Providers, *Tutum Journal*, Spring (8)

Community Collaborations and Other Professional Activities

Advisory Working Group Member and Mental Health Hub Lead, New Legacy Institute, 2022-present

Membership Committee, Washington State Society for Clinical Social Work, 2022-present

Advocacy campaign co-sponsored with Katy Seppi of Chasing Creation to empower the childless community to write and seek visibility within therapist listing directories, 2021

Guest on Episode 60 of the podcast Awakening Worth Podcast “60: Finding a Therapist Who Gets It with Katie Maynard” April 14th, 2022

Invited as guest for an “Ask Me Anything” on a well-known infertility social media site (Reddit’s r/infertility) for the 2022 National Infertility Awareness Week, April 24th, 2022

Guest on the New Legacy Radio show: Next Practices in Mental Health-Bringing Nonparents into the Room, October 11th, 2022

Guest on Happy and Childless Podcast, Episode 11: Childless by Circumstance is Now in the Room, December 9, 2022.

Contributor to “The Twenty Percenters,” a website featuring interviews with childless women, <https://www.the20percenters.com/blog/katie>, 1/26/2023

Contributed expertise to the development of, and am quoted in, the book So When are You Having Kids, by Jordan Davidson, December 2022.